

# The Pipeline

GALLO MECHANICAL, LLC

ISSUE NO. 2 – JUNE 2016

## NOTES FROM THE PRESIDENT, DAVID GALLO:



I hope things are going well for you and your family this summer. I also hope you had a good 4th of July Holiday weekend, it's the real start of the long, hot summer we enjoy. Remember to hydrate and protect your skin at work and during outdoor leisure activities on the weekends.

We are really getting busy as OLOL Hospital in Baton Rouge should get started in July. We are also anticipating the start of Tyndall AFB, Panama City, Florida in August and the Four Season's WTC in New Orleans by year end. As always we are pursuing many opportunities and expect to be busy the remainder of this year and through 2017.

Our company vision is "to be the contractor of choice in the Gulf South Region." It is our five-year plan and we have specific strategies to get there. It's a long term strategy that includes geography, our partner-customer general contractors, and the type of work we pursue.

Our company mission, "performance the right way is our only agenda" is what we each do daily. It is our daily activities like working safely, productively, and treating our customers and subcontractors with respect. Each one of us represents the entire company daily and it's important that we believe in our mission.

I hope to see each of you soon and I really feel good about our mission and vision as a company.

## SAFETY CORNER Lockout/Tagout

### What is hazardous energy?

Energy sources including electrical, mechanical, hydraulic, pneumatic, chemical, thermal, and other sources in machines and

equipment can be hazardous to workers.

During the servicing and maintenance of machines and equipment, the unexpected startup or release of stored energy can result in serious injury or death to workers. This can also result in property damage from water or steam.

### What are the harmful effects of hazardous energy?

Workers servicing or maintaining machines or equipment may be seriously injured or killed if hazardous energy is not properly controlled. Injuries may include electrocution, burns, crushing, cutting, lacerating, amputating,

or fracturing body parts, and others.

- A steam valve is automatically turned on burning workers who are repairing a downstream connection in the piping.
- A jammed conveyor system suddenly releases, crushing a worker who is trying to clear the jam.
- Internal wiring on a piece of factory equipment electrically shorts, shocking worker who is repairing the equipment.

Workers injured on the job from exposure to hazardous



energy lose an average of 24 workdays for recuperation.

**What can be done to control hazardous energy?**

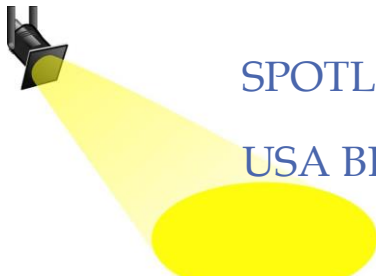
Failure to control hazardous energy accounts for nearly 10% of the serious accidents in many industries. Proper lockout/Tagout (LOTO) practices and procedures safeguard workers from hazardous energy releases. The OSHA standard of The Control of Hazardous Energy

(Lockout/Tagout) for general industry outlines measures for controlling different types of hazardous energy. The LOTO standard establishes the employer’s responsibility to protect workers from hazardous energy.

In our line of work, not only is LOTO needed to be utilized for safety, it is also a very important part of keeping the stored energy (water, steam, etc.)

contained to avoid property damage and loss of materials. If the closing of any type of valve to perform work is needed, Lockout/Tagout has to be in effect to prevent the accidental release of energy. We can get any LOTO needed to shut down any system necessary to perform work.

- Kody Morgan, Safety Director



**SPOTLIGHT JOB:**

**USA BETA DORMS HVAC UPGRADE**

MOBILE, ALABAMA

University of South Alabama’s Beta Dorms HVAC Renovation is a prime mechanical job located on University of South Alabama’s main campus in Mobile, AL. The job consists of a complete overhaul of HVAC systems of five dorm buildings, each having 16 apartments on two floors. We are replacing the existing air handling units, as well as adding energy recovery units and hot water re-heat coils. The project is a fast pace job scheduled for completion by August 11, 2016, before classes start.



## Human Resources

Join us in congratulating these members of the Gallo team on their anniversaries:

*Congratulations*

Randy Karl, Foreman, 40 years  
 Janet Gallo, Office Manager, 35 years  
 Douglas Gallo, Fabrication, 34  
 Stephen Gallo, Exec. VP, 34 years  
 Bruce Lawrence, Foreman, 26 Years  
 Bryan Gallo, VP Facilities and Sheet Metal, 21 years  
 Dwayne Gilchrist, Foreman, 21 years  
 Ray McDonald, Warehouse Foreman, 21 years  
 Kevin Brown, Foreman, 17 years  
 Mark Wagner Jr., Foreman, 16 years  
 Joseph Madron, Project Manager, 14 years

Please welcome and wish success this group of new employees:



Michael Thibodeaux (Plumber),  
 Cedric J. Williams (Helper), Blaine Ash (Foreman), Travis Matherne (Field Operations Manager),  
 Christopher Fontenot (Plumber),  
 Corey Squerre (Apprentice Jr.),  
 Quinnyon Wimberley (Plumber),  
 Reginal Lathers (Apprentice Sr.),  
 Brandon Laitinen (Plumber), Justine Barrosse (Warehouse Helper),  
 Gerald Rodgers (Plumber) and  
 Warren Martin III (Helper).

## WELLNESS INITIATIVE



### 5 Ways to Take Charge of Your Health

Good health doesn't happen all by itself. You have to take charge and make it happen. Here are five things you can do right now.

**Get a checkup.** Regular checkups are an important part of staying healthy. Getting screened can help your doctor spot potential problems early on. How often you should go and which screenings you need depends on your age, gender and overall state of health.

**Get moving.** Evidence shows that exercise is good for you. Not only can it help with weight control, but it's also effective against stress, diabetes, heart disease, high blood pressure, depression and anxiety. If you haven't been active in a while, start out slowly and be sure to clear your new routine with your doctor first.

**Get hydrated.** Lots of us are guilty of not drinking enough water. The weather, what you eat, and what medicines you take also affect how much water you need. Getting your fluids helps prevent dehydration, regulate body temperature, aid in removing wastes from the body, cushion joints and protect sensitive tissues. While you can certainly get your fluids from various beverages, it's best to avoid drinks that are high in sugar.

**Get calm.** There's no denying that stress is bad for you. Its toxic effects can lead to serious health problems. Thankfully, there are plenty of ways to combat it, including breathing exercises, muscle relaxation, meditation and massage therapy. If you aren't sure how to get started, go online or find a professional instructor in your community.

**Get to bed earlier.** Most adults need between 7 and 9 hours a night. If you've been burning the candle at both ends, it's time to slow down and give your body the break it needs. Put yourself on a regular sleep schedule and limit your caffeine intake at night. As your sleep habits improve, so may your general outlook and overall state of health.

Stay well. Do good work. Take care of each other.

- Ivan Illidge, Director of HR

**Our Children**

Kyah R. Kelley was born on April 9, 2016 to parents Rhett and Keisha Kelley. Rhett is a Sheet Metal Helper for Gallo East. Gallo Mechanical congratulates the Kelley's on their new addition to their family.



Lucille M. Hymel was born on June 1, 2016 to parents JP and Erin Hymel. JP is Exec. VP for Gallo Mechanical and CEO of GMS. Gallo Mechanical congratulates the Hymel's on their new addition to their family.



Isabel V. Galavis was born on March 25, 2016 to parents, Alejandro and Michelle Galavis. Alejandro is Director of Operations for Gallo East. Gallo Mechanical congratulates the Galavis' on their new addition to their family.

**Retirement**

Gene Chauff, Chief Financial Officer, has retired from Gallo Mechanical after 10 years with the Company. On behalf of the Gallo Family, we thank Gene for his loyalty, hard work and constant commitment to the Company. We wish you a happy and fulfilling retirement!



*On behalf of all of us at Gallo Mechanical, we want to extend our sincere sympathy to Earl Cox, Jr. and his family for the loss of his father, Earl Cox, Sr., who also worked for Gallo Mechanical. Some of us had the pleasure of working with Earl Sr. and we appreciate the values of hard work and dedication that he instilled in you and your sons, who also worked for the Company. Please accept our heartfelt condolences in this difficult time.*